

#### **BASIC TRAINING**

Training plays a key role in America's Navy. So whether you're joining right out of high school or after earning a college degree, you'll have the opportunity to advance yourself. At all stages of your career. Through a variety of Naval Training Centers and training programs, depending on your position in America's Navy.

**Your training:** hands-on. **Your trainers:** the most knowledgeable available, with real-world experience. **Your equipment:** beyond cutting edge.

No matter what you do or where you go, you'll get the best training available. In fact, the Navy has been recognized as one of the world's top training organizations by Training magazine. The magazine's list evaluated demonstrable results, innovation, success factors, training strategically linked to organization goals, and leadership commitment to development and training.

"As the Navy's leader in force development, we play a critical role in building a talented fleet for our Navy. To accomplish this important mission, we align with strategic initiatives such as Sailor 2025; Ready, Relevant Learning; and Transformation as we continue to modernize and enhance the way we recruit, train and produce naval warfighters."

Rear Adm. Kyle Cozad, Commander,
Naval Education and Training Command (CNETC)

### TRAINING THAT REFLECTS THE MISSION

Enlisted recruits head off to Boot Camp at the Great Lakes Naval Training Center north of Chicago, Illinois, near the western shore of Lake Michigan. While it's called Boot Camp, it's really a huge campus that includes both classroom and lots of hands-on training.

The training is rigorous and demanding. And once you finish, it's something to be proud of. Here's what to expect throughout the 8- to 9-week schedule.

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## Week 1 (Processing Week)

There's a good chance that your most stressful week of Basic Training is Processing Week. Paperwork is completed, bank accounts are opened (if necessary), prescription glasses are provided, sleeping quarters are assigned, physical and dental exams are given, instructors are introduced, and clothing is issued.

Male recruits in processing have their hair cut very short. Accordingly, men's hair length is often seen by other recruits as a measure of tenure.

For hair requirements, click here.

Other Week 1 activities include swim qualifications, marching, classroom learning and intensive physical conditioning.

#### Week 2

You'll take your first academic test during this week. Then comes the confidence course, where you will work with a team to simulate a shipboard emergency. Together, you'll pass through small passages in full gear, toss life rings and put on firefighting equipment.

#### Week 3

Now your hands-on training takes center stage. You'll learn knot-tying and first aid techniques and get further physical training.

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#### Week 4

Here you'll perform additional exercises in preparation for your first Physical Training Test, which measures performance in sit-and-reach, curl-ups, push-ups, running, swimming and flexibility. You'll also have firearms training, and you'll take your second academic test.

#### Week 5

This is when you'll receive antiterrorism and firefighting instruction, as well as computer training and mentoring. Plus, there's a glimpse of the light at the end of the tunnel – yearbook photos are taken!



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You'll participate in more drills, more physical exercise and instruction on damage control and firefighting. You'll also take your final academic test.

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#### Week 7

This week is more classroom learning and skills training, culminating in the pinnacle event of Basic Training: Battle Stations. Battle Stations incorporates all the skills you've learned in the previous six weeks. This 12-hour simulation gives hands-on testing of your proficiency in swimming, survival, teamwork, firefighting, damage control, rescue and more – all in a high-stress environment.

#### Week 8

Having passed Battle Stations, you'll spend the next week getting ready for graduation, which is called Pass-In-Review. Along with additional classroom studies and physical training, you will learn about career advancement and other details required for success as a full-fledged Sailor.

Pass-In-Review is your Basic Training graduation ceremony. Your family is invited to attend this very proud moment.

You may spend the following weekend on "Liberty" before embarking on the next stage of your career as a bona fide Navy Sailor.

Find out more at Recruit Training Command's Website at https://www.bootcamp.navy.mil.

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#### ADVANCED, SPECIALIZED TRAINING

Not all Enlisted careers require skill training, but for those that do, advanced training begins at various "A" Schools located throughout the country. Through extensive classes and on-the-job training, there you will learn the fundamentals of your chosen field. You could even earn enough college credits towards an associate or bachelor's degree. College credit is not granted by the Navy for couses studied at Nuclear Power School.



Rest assured that while you're at "A" School, you won't always be in class or studying. You will have some free time after classes and on weekends to check out the area and take part in activities. You may get the chance to see where the first English settlers landed in Dahlgren, Va., or enjoy some fresh seafood in Bethesda, Md. Or you could swim with the dolphins in Panama City, Fla.; play golf in Pensacola, Fla.; or explore the world-famous San Diego Zoo.

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#### **READY TO TAKE THE NEXT STEPS?**

Once you're inspired, better informed and seriously interested, here's how to proceed:

NOTES



#### 1. TALK TO YOUR RECRUITER

- · Find a local recruiter at navy.com/local
- Ask questions
- Discuss your long-term goals
- Review your qualifications
- Go over relevant financial incentives and bonuses

#### 2. APPLY FOR THE POSITION

- Go to navy.com/apply, follow the link at the bottom and complete the online application
- Provide personal information that includes your birth certificate, social security card and professional details (if applicable)
- Take the Armed Services Vocational Aptitude Battery (ASVAB) to help assess your skills and interests
- Pass a full medical examination
- Participate in a precommitment interview
- Take the Defense Language Aptitude Battery (DLAB) test

#### 3. BEGIN YOUR TRAINING

- Attend Boot Camp in Great Lakes, Illinois (8 to 9 weeks)
- Get advanced skills training at a Navy "A" School (time varies depending on specialty)
- From there, you're ready to start serving as a Sailor and respected professional

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